

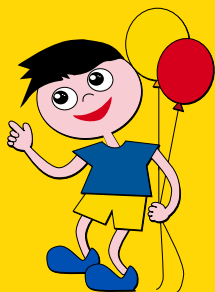
I CAN!

The Children's Asthma and Allergy Network

@ the Children's Medical Institute



National
University
Hospital



BABYHALER

How to use the BABYHALER

- 1** Remove the mouthpiece cover from the metered dose inhaler
- 2** Shake the inhaler
- 3** Insert the inhaler into the inhaler holder of the Babyhaler
- 4** Place the facemask gently and securely over the baby's nose and mouth
- 5** Hold the Babyhaler and inhaler at an angle so that it is comfortable for the child and yourself
- 6** Press down on the canister once to release a puff of medication into the Babyhaler
- 7** Keep the Babyhaler facemask over the nose and mouth until the child has taken at least 5-10 breaths (usually about 15 seconds).
- 8** Repeat steps 2 to 7 if necessary
- 9** Remember to wipe the baby's face after the administration of inhaled steroids



Always ask your doctor or nurse for a demonstration