

DOCTORS' SYMPOSIUM

Evidence-Based Practice In
Childhood Asthma and
Allergies

**FREE
GOODIE BAG**

for the first 120
registered participants



**EARN 2
CME POINTS**



Date:

15 October 2016 (Saturday)

Time:

2.00pm – 3.30pm

(Registration & lunch starts at 1.00pm)

Venue:

**Grand Copthorne Waterfront Singapore,
Riverfront Ballroom Level 2**

392 Havelock Road Singapore 169663

PROGRAMME HIGHLIGHTS

1.00pm **Lunch & Registration**

2.00pm **Opening Address By Chairperson**

Dr Elizabeth Tham

Associate Consultant, Division of Paediatric Allergy, Immunology & Rheumatology

2.10pm **Prevention Of Allergies – What's The Evidence?**

Prof Hugo Van Bever

"I CAN !" Chairman, Senior Consultant, Division of Paediatric Allergy, Immunology & Rheumatology

The talk will focus on recent findings in the primary prevention of allergic diseases, as it is becoming clear that the primary prevention of allergic diseases (mainly of food allergy and eczema) is slowly becoming a reality. The primary prevention of respiratory allergies (asthma, rhinitis) is less a reality but could become a consequence of the primary prevention of eczema.

2.30pm **Common Pitfalls In The Management of Childhood Asthma & Allergies**

A/Prof Daniel Goh

Head of Department & Senior Consultant, Division of Paediatric Pulmonary & Sleep

Childhood allergies are increasingly common today. The repertoire of symptoms can and do overlap significantly with many common ailments. Investigations are aplenty but many may not add value to the diagnosis or the management of the patient. There has also been an explosion in the range of medications and treatment modalities available today, often posing more confusion to the practitioner as well as the patient and caregiver.

Often, it's not just the question of which medication but also how to use it, and how long to use it that impacts on the ultimate outcome. This brief talk will give an overview of some of the common pitfalls in clinical practice and address some of the important principles of management.

2.50pm **The Relevance Of The Human Microbiome In Paediatric Allergy**

Adj A/Prof Christophe Lay

Senior Scientist Gut Microbiology, Danone Nutricia Research

The collection of microbes (human microbiota/ microbiome) that populates our human body has an influential role in the development of childhood allergy. Epidemiological data indicate that compromising the microbiota in early life (pregnancy and infancy) can predispose an individual to develop allergy. This talk aims to raise the awareness of the human microbiome and propose some recommendations to nurture those influential microbes for lifelong health.

3.10pm **Q & A**

3.30pm **Closing Address**

**FREE
REGISTRATION**

To attend, please email:
ican@nuhs.edu.sg
Contact us at: 6772 4420
(Mon-Fri: 9.00am – 5.00pm)
www.ican.com.sg

Register by
30 September
Goodie bag for first 120
registered participants

*The organising committee reserves the right to change the topics and/or speakers without prior notice.